

WATERLOG

Summer Hours

May 25-September 2, 2024

Monday-Saturday 10:00 am-9:00 pm
 Sunday 11:00 am-9:00 pm

The pool and exercise room, are cleared 15 minutes prior to closing.

Beginning August 12, the "Lake" and surrounding deck areas will close at 8:00 pm due to increasing darkness. The instructional and kiddie pools, as well as the exercise room will remain open until 8:45 pm.

Early Morning Hours

The Exercise Room and Lap pool will be open at 6:00 am. Monday-Friday for members 16 and over. No recreational swimming will be open at this time. The Lake, terraces, offices, concessions, and deck will open at the regular club hour of 10:00 am; barriers will be in place to indicate closed areas of the club.

Early Closings

The club will close early on the following days and times:
 Friday, June 21 8:15 pm Dive In Movie
 Thursday, August 22 5:30 pm Certificate Member Dinner

Concerts – Swim Meets – Events

OVC Swim Meet	Jun 6-8
Southern Sirens	June 9
Quarry Gator home swim meet	June 10
T-shirt Design Workshop	June 15
Bill Clark & The Route 15 Band	June 16
Quarry Gator home swim meet	June 17
Dive In Movie	June 21
Muleskinners Concert	June 30
Fourth Of July Games	July 4
Wildbeats Drum Group	July 6
Masters Mini Swim Meet	July 7
Celtucky Concert	July 7
Seahawk Swim Meet	July 11 & 12
Brigid Kaelin Concert	July 14
3on3 Youth Basketball Tournament	July 20
Family Bingo	July 26
The Get Down Concert	July 28
Masters Invitational Swim Meet	Aug 3-4
Mondo Brew Concert	Aug 11

Lakeside welcomes you to our 100th Summer Season.

The directors, committees and staff have been working hard to prepare for the Centennial celebration to take place this summer. Events will include, but not be limited to:

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| Wed June 19 | Children's Chalk the Walk Contest |
| Wed June 26 | Table Talk # 1 – Geology & Landscape |
| Fri June 28 – Sun Jul 7 | Historical Display in the Activities Room |
| Date TBA | Table Talk #2 – Olympians Champions & Coaches |
| Mon July 1 | 1940-50's Women's Relay Reunion |
| Wed July 3 | Children's Costume Parade |
| Wed July 24 | Lakeside History Trivia Night |
| Wed Jul 31 | Time Capsule burial at Lakeside |
| Thu Aug 15 | Table Talk # 3 Diversity, Equity, & Inclusion Then and Now |

The historical display will be open daily in the Activities Room, June 28 – July 7 from 11:00 am-7:00 pm. Join us for a look back of the Lakeside history from 1924 to 2024. Watch for details on our website.

The Lakeside Rule Book has been updated and is posted on our website, under About Lakeside for your reference. All members are responsible for adhering to the club rules, regulations, and policies of the club.

Primary Rule and Policy Changes

- Membership: DEI initiative included in club history
 - Club Communications: Members are responsible for the content of the club newsletters.
 - Admissions: Children under the age of 9 must be accompanied by an adult or responsible person 16 years of age or older. Unaccompanied access to Lakeside is a privilege and parents should use discretion in deciding whether their child is ready to visit the club without supervision. Young members or guests who cause disruption or need extra assistance may be asked not to visit the club unaccompanied.
 - Persons prohibited into Lakeside: anyone who is required by law to register as a sex offender under the laws of any state may not visit Lakeside as a member or a guest.
 - Guest Tickets: Daily limit of 8 guests any day of the week except the 3 major summer holidays. Purchase in advance in the membership portal.
 - Parking: Motorcycles, cars, trucks, are prohibited from parking on club property
 - Changing Rooms: Children 6 and over should use the changing room that aligns with their gender unless special needs require additional help from a parent or guardian. Members and guests are asked to refrain from being nude other than in the shower and dressing stalls.
 - All Facilities: Appropriate swimwear must be worn. Thongs and cut off shorts are prohibited.
- A new code of conduct and disciplinary procedures are found on pages 7-8.*

We wish you all a safe and happy season!

Corey Robertson, President
 Lakeside Board of Directors

Lakeside Swim Club

2010 Trevilian Way
 Louisville, Kentucky 40205
 502.454.4585
 www.lakesideswim.com
 www.facebook.com/LakesideSwimClub

Lakeside Management Staff

Mary Graves	General Manager
Tammy Glas	Office Operations
George Villarreal	Aquatic Operations
Anna Gdovka	Clerical Operations
Nick Schmidt	Concessions Operations
Lizzy Buecker	Program Operations
Colin Curtis	Fitness Operations
Evan Wilburn	IT Operations
Garrett McTavish	Maintenance Operations
Walter Sheets	Maintenance Operations
Sean Sullivan	Maintenance Operations
Loren Wingfeld	Facility Supervisor

Lakeside Board of Directors

Corey Robertson	President
Molly Stanley	Vice President
Corinne Keel	Secretary
David Caldwell	Treasurer
Patrick Carrico	Director
Kim Henderson	Director
Zach Hoyt	Director
Larry Frederiksen	Director Emeritus



Summer Program Highlights

Please visit our website for all classes, programs, and events.

Pre-Registered Classes

Summer registration for classes opened April 19.

Members may continue to register through the website for summer aquatic and fitness pre-registered programs. Programs include, Swimming Lessons, Diving Lessons, Lifeguard Classes, Jr. Lifeguard Camp, and Women's Weights and More.

Free Fitness Classes: May 28-June 1

Join our instructors for Drop In Group classes: Aqua Aerobics, Body Sculpting, Nia, Tai Chi, Total Body Blast and/or Yoga. Class times and descriptions are listed on the website. Classes fill on a first come first serve basis.

Free Class Schedule

Tuesday, May 28	Aqua Aerobics, Tai Chi, Yoga, and Deep Water Aerobics
Wednesday, May 29	Aqua Aerobics, Body Sculpting, Total Body Blast
Thursday, May 30	Aqua Aerobics, Tai Chi
Friday, May 31	Aqua Aerobics, Nia, and Yoga
Saturday, June 1	Aqua Aerobics, Total Body Blast

Competitive Swim Teams

Lakeside offers three summer swim teams. The Lakeside Seahawks Swim Team, Quarry Gator Swim Team, and Masters Swim Team. Visit our website for program information.

Humana 365

Lakeside is connected with the Humana 365 health and wellness program. Members wishing to enroll should go to Humana's website. The beacon for Humana check in is located in the hallway near the concession stand.

Picnic Table Reservations

Tables may be reserved by calling the club beginning May 20. Members are invited to reserve one of the 11 picnic tables located around the "lake" or the deck picnic area located off the balcony of the Eckard Building. Reservations are limited to **3 hour blocks of time** and limited to 3 per household. All other tables are for occasional use only. Please review the picnic table policies on page 11 in the Club Rule Book.

Swim Shop & Guest Ticket Sales Office

The shop opens on Saturday, May 25 for Associate guest tickets sales, picnic table reservations, and swim shop product sales. In addition, goggles, caps, sunscreen, swim diapers, inflatables, Lakeside apparel and more are for sale. The shop is located on the ground floor of the business office, just off the club driveway.

Summer ATM Machine

For your convenience, an ATM machine is located on the first floor of the Thompson Building by the concession stand.

Summer Concession Stand

The stand is open daily 10 am-9 pm and Sunday 11 am-9 pm. Drinks, sandwiches, ice cream, snacks and more will be sold. Online sales will be available on or after opening day. Go to our website, click on the Concession tab and follow the prompts to place and pay for your order and it will be ready for pick up at the Concession stand.

The grill will close nightly at 8:30 pm.

Guest Ticket Information

Associate Guest Ticket Sales available online in your Membership Portal effective May 23, 2024. Tickets are \$10.00 each and you may purchase 25 tickets per membership. Tickets will not carry over from one membership year to another. Members are encouraged to purchase guest tickets online. Follow these procedures:

Log into your Membership Portal

1. Go to My Guests tab.
2. Click on Guest ticket purchase.
3. Enter quantity of tickets to purchase
4. Click the blue "Place Order" button.
5. Enter payment information.
6. Click submit payment details.

Guest tickets will continue to be sold in the swim shop this summer. Once the tickets have been purchased, either online or in the swim shop, you and your guest will arrive at the front gate, you will check in as a member and tell the attendant you have a guest, they will open your tickets in your account and input the guest's name.

Usage Policy

- **Summer weekday:** Monday-Thursday—One Ticket per guest per day; daily limit of 8 guests per day.
- **Summer Weekends** (Friday, Saturday and Sunday): Two tickets per guest per day; daily limit of 8 guests per membership per day.
- **Summer Holidays** (Memorial Day, Fourth of July, and Labor Day). Two tickets per guest per day; limit of 4 guests per day.
- Members must accompany their guests while at Lakeside.
- Members may sign their guest out and obtain a wristband for the same day one time re-entry.

Membership Photos and Cards

New members and returning members, whose physical appearance has changed significantly, may have their photos taken at the front gate on or after opening day of the summer season. Cards from past years are still valid.

Please have your membership card ready when arriving at the front gate for member check-in. If you are checking in more than one member on the same membership, ask to "show family." This will expedite the check-in process.

Locker Rentals

Lockers rented for the 2023-2024 season must have padlocks removed by **May 17, 2024** or the locks will be cut off and items in the locker will be donated to charity.

Lockers rented for **2024-25** will be available in the First Aid Office on or after opening day. Lockers must be claimed by **June 10** or your locker will be issued to a member on the waiting list.

If available, lockers may be rented for \$30.00 on or after opening day. Please review locker regulations in the Club Rule Book.

Vehicle Parking

Motorcycles, cars, trucks, golf carts are NOT ALLOWED to park on club parking – use street parking only. Bicycles, Scooters and Skateboards are allowed to park in the designated area on the club driveway, bike racks, or skateboard rack. Please enter and exit this area with caution and give right away to pedestrian traffic.

Member Lap Swimming Schedules

Our club is fortunate to have lap swimming available during all regular club hours. Below is a list of the three areas for Lap Swim and the schedule for each area. All 50 meter lanes are closed during swimming meets. Lap lanes will be available in the pool as well as 2 of the 25 yard lanes in the Lake. All lanes in the pool will be closed for Quarry Gators swim meets at 4:00 pm on June 10 and 17.

50 Meter Lap Lanes

All 10 lanes are open *except* during swim team practice times. Schedule for open swim times are posted as follows.

May 28-July 27

- Monday, Wednesday, Friday

10:00-11:30 am	2 lanes
11:30 am-2:30 pm	3 lanes
2:30-3:30 pm	4 lanes
3:30-6:30 pm	3 lanes
6:30-8:45 pm	10 lanes
- Tuesday, Thursday

10:00 am-12:00 pm	2 lanes
12:00 pm-1:00 pm	1 lane
1:00-3:30 pm	2 lanes
3:30-8:00 pm	3 lanes
8:00-8:45 pm	10 lanes
- Saturday

10:00-11:30 am	2 lanes
11:30 am-8:45 pm	10 lanes
- Sunday

11:00 am-8:45 pm	10 lanes
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July 29-September 2

Swim team qualifiers for post season meets will practice through early August. Reserved lanes will be determined after the number of swimmers meeting qualifying standards is determined.

- Monday, Wednesday, Friday

10:00 am-close	6-10 lanes
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- Tuesday, Thursday

10:00 am-6:30 pm	6-10 lanes
6:00-7:30 pm	3 lanes
7:30 pm-close	10 lanes
- Saturday & Sunday

open to close	8-10 lanes
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25 Yard Lanes

Pool

- Monday-Friday

6:00-10:00 am	7 lanes
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Lake

- Monday-Friday

10:00 am-2:30 pm	4 lanes
2:30-3:30 pm	2 lanes
3:30-close	4 lanes
- Saturday, Sunday

open to close	4 lanes
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20 Yard Lap Lanes

- Unless the pool is being used for programs, the 20 yard lap lanes in the instructional pool are available for use during club hours.